

Sixty Seconds

A monthly update from Senior Resources of West Michigan
560 Seminole Road Muskegon, Michigan 49444

October 2010
Vol.3 Issue 1

Exercise Your Right to Vote on November 2nd!

Please cast your vote November 2nd! As an Area Agency on Aging we are responsible for advocating on behalf of older adults living in Muskegon, Oceana

and Ottawa Counties. We encourage civic engagement with all our elected officials by holding regular meetings that are open to the public. We pledge to keep our newly elected legislators informed

of matters critical to the dignity and independence of older adults. You are welcome to participate in any or all of our upcoming Senior Advocates meetings. Please refer to schedule on second the page!

| Legislative Seat/District | Current Legislator | Candidates | Party |
|--|--------------------|---|------------|
| U.S. Congress | | | |
| 2nd District- Muskegon/ Ottawa/Oceana | Pete Hoekstra | Bill Huizenga Huizengaforcongress.com | Republican |
| | | Fred Johnson Fredjohnsonforcongress.com | Democrat |
| Michigan State Senate | | | |
| 30th District-Ottawa | Wayne Kuipers | Arlan Meekhof Votemeekhof.com | Republican |
| | | John Chester-Mivote.com | Democrat |
| 34th District-Muskegon & Oceana | Jerry Van Woerkom | Goeff Hansen Hansen4senate.com | Republican |
| | | Mary Valentine Maryvalentine.org | Democrat |
| Michigan State House | | | |
| 91st District -Muskegon/ N. Ottawa | Mary Valentine | Holly Hughes Hollyhughes.com | Republican |
| | | Ben Gillette Bengillette.com | Democrat |
| 92nd District-Muskegon | Doug Bennett | John McNally-Mivote.org | Republican |
| | | Marcia Hovey-Wright Electmarcia.com | Democrat |
| 100th District-Oceana | Goeff Hansen | Jon Bumstead Jonbumstead.com | Republican |
| | | Bill Richards Youtube-BillRichards for MI | Democrat |
| 74th District-part Ottawa | David Agema | David Agema Daveagema.com | Republican |
| | | Leon Chase-Mivote.org | Democrat |
| 89th District-N. Ottawa | Arlan Meekhof | Amanda Price Amandaprice.org | Republican |
| | | Don Bergman-Mivote.org | Democrat |
| 90th District-S. Ottawa | Joe Haveman | Joe Haveman-Mivote.org | Republican |

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**The Mission of Senior Resources
An Area Agency on Aging:**

To provide a comprehensive and coordinated system of services designed to promote the independence and dignity of older persons and their families in Muskegon, Oceana, and Ottawa counties — a mission compelling us to focus on older persons in greatest need and to advocate for all.

Join us for Advocacy 101 on Monday, November 8th at 1:30!

In preparation for meeting with newly elected officials in 2011, the November Senior Advocates Coalition Meeting will focus on how we can become more effective advocates for older adults and people with disabilities.

Mary Ablan, Executive Director of the Michigan Association of Area Agencies on Aging will present

Advocacy 101

Advocacy Myths and Truths, The Three P's of Advocacy and Tips on How to be an Effective Advocate

Time: 1:30 pm - 3:00 pm

Location: Training Center at Tanglewood Park
560 Seminole Road, Muskegon, MI 49444

Join us and bring a friend!

(No pre-registration required)

About the Senior Advocates Coalition (SAC)

The Senior Advocate Coalition typically meets on second Mondays (Feb., March, April May, August, September & November) with local, state and federal elected officials to communicate on issues relevant to older adults such as transportation, Medicare, Social Security, health care cost and creating elder friendly communities.

Dates: Second Mondays

Time: 1:30– 3:00 pm

Location: Tanglewood Park

Updated information and SAC schedule confirmation can be viewed under the Advocacy tab on Senior Resources' website:
www.srwmi.org